

Trainingsplan TV RAFZ Feb '22 - Aug '22

Stand: 16.05.2022

| Datum | Einlaufen | LA TK | LA | GETU TK | GETU | Restaurant | Halle | Bemerkungen | |
|------------|-----------|-----------------------------------|-------------------------------|----------------|---------------------------|-------------|----------|-------------------|-----------------------|
| 4. Feb 22 | Fr | GV TV RAFZ 2022 | | | | | | | |
| 8. Feb 22 | Di | GS | JZ | div. LA | KB / GS | SP | - | A / B / C | |
| 11. Feb 22 | Fr | MG | JZ | div. LA | IA / MG | BO | BLUE | A / B | |
| 15. Feb 22 | Di | GS | KS | div. LA | KB / GS | SP | - | A / B / C | |
| 18. Feb 22 | Fr | MG | KS | div. LA | IA / MG | BO | FROHSINN | A / B | |
| 22. Feb 22 | Di | KS | KS | div. LA | KB / GS | SP | - | A / B / C | |
| 25. Feb 22 | Fr | IA | JF | div. LA | IA / MG | BO | STERNEN | A / B | |
| 1. Mär 22 | Di | KS | KS | div. LA | KB / GS | SP | - | A / B / C | |
| 4. Mär 22 | Fr | IA | JZ | div. LA | IA / MG | BO | KREUZ | A / B | |
| 8. Mär 22 | Di | KB | JF | div. LA | KB / GS | SP | - | A / B / C | |
| 11. Mär 22 | Fr | JZ | JZ | div. LA | IA / MG | BO | BLUE | A / B | |
| 15. Mär 22 | Di | GS | JF | div. LA | KB / GS | SP | - | A / B / C | |
| 18. Mär 22 | Fr | KS | KS | div. LA | IA / MG | BO | FROHSINN | A / B | |
| 22. Mär 22 | Di | JZ | JZ | div. LA | KB / GS | SP | - | A / B / C | |
| 25. Mär 22 | Fr | JF | JF | div. LA | IA / MG | BO | STERNEN | A / B | |
| 29. Mär 22 | Di | KB | KS | div. LA | KB / GS | SP | - | A / B / C | |
| 1. Apr 22 | Fr | IA | JZ | div. LA | IA / MG | BO | KREUZ | A / B | |
| 5. Apr 22 | Di | GS | JF | div. LA | KB / GS | SP / BO | - | A / B / C | |
| 8. Apr 22 | Fr | KS | KS | div. LA | kein GETU Training | | BLUE | - | kein GETU Training |
| 12. Apr 22 | Di | JZ | JZ | div. LA | KB / GS | PS80 / SP | - | A / B / C | Start PS Training |
| 15. Apr 22 | Fr | KARFREITAG / KEIN TRAINING | | | | | | | |
| 19. Apr 22 | Di | JF | JF | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 22. Apr 22 | Fr | KS | KS | div. LA | IA / MG | BO | FROHSINN | A / B | |
| 26. Apr 22 | Di | KB | JZ | div. LA | KB / GS | PS80 / SP | - | A / B / C | STV Lager |
| 29. Apr 22 | Fr | IA | JF | div. LA | IA / MG | BO | STERNEN | A / B | |
| 30. Apr 22 | Sa | JZ | Trainingstag | | | | | Ausklang am Abend | |
| 3. Mai 22 | Di | GS | KS | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 6. Mai 22 | Fr | MG | JZ | div. LA | IA / MG | BO | KREUZ | A / B | |
| 10. Mai 22 | Di | JF | JF | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 13. Mai 22 | Fr | KS | KS | div. LA | IA / MG | BO | BLUE | A / B | |
| 17. Mai 22 | Di | KB | JZ | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 20. Mai 22 | Fr | IA | JF | div. LA | IA / MG | BO | FROHSINN | A / B | |
| 24. Mai 22 | Di | GS | KS | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 26. Mai 23 | Do | LA-EKSM GLZ | | | | | | | |
| 27. Mai 22 | Fr | MG | JZ | div. LA | IA / MG | BO | STERNEN | A / B | |
| 28. Mai 21 | Sa | RMS Otelfingen | | | | | | | |
| 31. Mai 22 | Di | JF | JF | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 3. Jun 22 | Fr | MG | LMM | | IA / MG | BO | LMM | A / B | |
| 6. Jul 22 | Mo | JZ | Pfingstmontagstraining | | | | | | |
| 7. Jun 22 | Di | KS | KS | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 10. Jun 22 | Fr | MG | KS | div. LA | IA / MG | BO | KREUZ | A / B | |
| 11. Jun 22 | Sa | KTF Beringen - Einzel | | | | | | | |
| 12. Jun 22 | So | KTF Beringen - Einzel | | | | | | | |
| 14. Jun 22 | Di | KB | JF | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 16. Jun 22 | Do | IA | KS | div. LA | IA / MG | BO | - | A / B | |
| 18. Jun 22 | Sa | KTF Beringen - Sektion | | | | | | | |
| 19. Jun 22 | So | KTF Beringen - Sektion | | | | | | | |
| 21. Jun 22 | Di | GS | JF | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 24. Jun 22 | Fr | MG | JF | div. LA | IA / MG | BO | BLUE | A / B | |
| 28. Jun 22 | Di | KS | KS | div. LA | KB / GS | PS80 / SP | - | A / B / C | |
| 30. Jun 22 | Do | JZ | JZ | div. LA | IA / MG | BO | - | A / B | |
| 1. Jul 22 | Fr | OTF Frutigen - Einzel | | | | | | | |
| 2. Jul 22 | Sa | OTF Frutigen - Sektion | | | | | | | |
| 3. Jul 22 | So | OTF Frutigen - Sektion | | | | | | | |
| 5. Jul 22 | Di | JF | JF | div. LA | KB | SP / Ring | - | A / B / C | |
| 8. Jul 22 | Fr | GS | KS | div. LA / Poly | GS | BO / Poly | FROHSINN | A / B | |
| 12. Jul 22 | Di | JF | JF | div. LA | IA | BO / SP | - | A / B / C | |
| 15. Jul 22 | Fr | JF | JF | div. LA / Poly | MG | Ring / Poly | STERNEN | A / B | |
| 19. Jul 22 | Di | KB | KS | div. LA | KB | 1. August | - | A / B / C | 1. Augusttraining |
| 22. Jul 22 | Fr | JZ | JZ | div. LA / Poly | IA | 1. August | KREUZ | A / B | 1. Augusttraining |
| 26. Jul 22 | Di | JF | JF | div. LA | GS | 1. August | - | A / B / C | 1. Augusttraining |
| 29. Jul 22 | Fr | KS | KS | div. LA / Poly | IA | 1. August | BLUE | A / B | 1. Augusttraining |
| 2. Aug 22 | Di | JZ | JZ | div. LA | kein GETU Training | | - | A / B / C | Wettkampfttraining LA |
| 5. Aug 22 | Fr | JF | JF | div. LA | kein GETU Training | | - | A / B | Wettkampfttraining LA |
| 9. Aug 22 | Di | KS | KS | div. LA | kein GETU Training | | - | A / B / C | Wettkampfttraining LA |
| 12. Aug 22 | Fr | JZ | JZ | div. LA | kein GETU Training | | - | A / B | Wettkampfttraining LA |
| 16. Aug 22 | Di | JF | JF | div. LA | kein GETU Training | | - | A / B / C | Wettkampfttraining LA |
| 19. Aug 22 | Fr | KS | KS | div. LA | kein GETU Training | | - | A / B | Wettkampfttraining LA |
| 23. Aug 22 | Di | KB | JZ | div. LA | KB | Ring / BO | - | A / B / C | |
| 26. Aug 22 | Fr | IA | LA 3 - Kampf | | Spezialtraining | | | Spezialtraining | |

Sportferien Schule

Frühlingsferien Schule

Sommerferien Schule